M2S Laboratory

Proacsion

This clinical study is being conducted at the Rennes University Hospital (CHU of Pontchaillou) and proposes a connected Adapted Physical Activity (APA) program to all patients undergoing androgen suppression and to analyze the impact of this type of program in terms of medium-term adherence and quality of life. The main objective is to analyze adherence to an APA program in patients with prostate cancer undergoing hormone therapy in terms of maintaining activity.

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Primary judgment criterion: proportion of patients having completed at least 75% of the proposed program (in terms of intensity and duration) at 6 months (T6) and 12 months (T12).

Direction
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Steven Gastinger

